

GUIDE TO CARING FOR YOUR PLANTS



Plant A Million is a global initiative of [Love Peace Harmony Foundation](https://www.LovePeaceHarmony.org) inviting everyone to give love to Mother Earth. By planting trees and other types of plants, we are shaping a greener world and mitigating the effects of climate change. We also reinforce our own connection to Mother Earth and offer a lasting legacy that will continue to benefit future generations. [LovePeaceHarmony.org/PlantAMillion](https://www.LovePeaceHarmony.org/PlantAMillion)

Critical to the success of your new planting is post-planting care. This involves everything from physically checking on each plant and watering, to simply giving gratitude and love for its existence. A great amount of guidance on plant care is available and will depend on your region of the world. Look for support from your local nursery, university, or from online resources with other planting groups, and the numerous apps you can download.

Here are some **BASIC CARE TIPS** to keep in mind:

1

WATER

Providing just the right amount of water at the right time is crucial for the success of your planting, especially during the first months or years (if trees). It is usually best to water at night to reduce evaporative loss.

2

PROTECT

Trees and all types of plants require good aeration of soil so that nutrients can get where they need to for the plant's growth and longevity. Avoid compacting the soil. Also, trees especially need protection from foraging wildlife and may initially need a shelter/guard as you plant.

3

CHECK

After planting be sure to water, but also check on your plants often. Observe if they could use any of the following support:

- Mulch helps to conserve water, control other plants from invading, prevents other damage to plants, nourishes them, and prevents soil compaction.
- How is the plant growing? Does it need fertilizer, removal of invasive plants around it, or pruning?

4

GRATITUDE AND LOVE

Many studies have shown that plants respond to vibrations and frequencies. Consider boosting your plants with a little love and gratitude simply by saying "I love you," or "thank you for the beautiful oxygen you provide," or by singing *Love, Peace and Harmony*. You can never give your plants enough of these good vibes! Refer to the document *GUIDE TO SINGING LOVE, PEACE AND HARMONY FOR PLANTS AND ALL LIFE ON MOTHER EARTH* for a way to get started with this intention—available along with other valuable resources at [LovePeaceHarmony.org/PlantAMillion/Resources](https://www.LovePeaceHarmony.org/PlantAMillion/Resources).